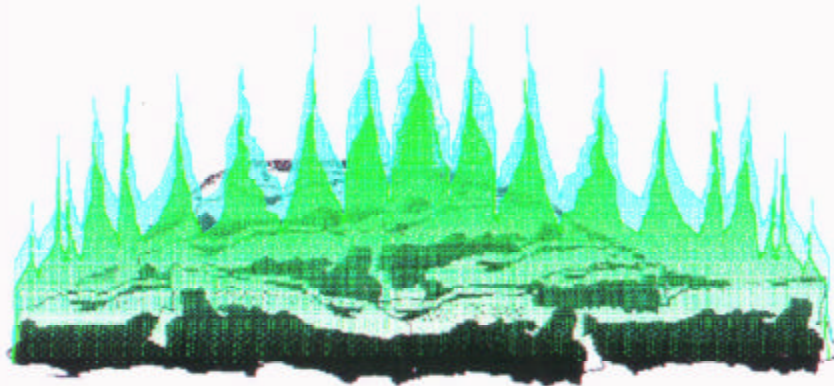


HEALTHIER

Las Brasas



RESTAURANT

**Authentic Mexican Food
and Catering**

Specializing in Vegetarian Plates

The meaning of Healthier "Las Brasas"?

"Brasas are blazing charcoal bricks, used as a cooking procedure for many Mexican dishes, that allows food to gain and retain a very authentic and special Mexican flavor. Plus we cook with 100% vegetable oil and have created a variety of vegetarian dishes for healthier eating.

Welcome to

HEALTHIER Las Brasas

Monday - Friday: 10am - 8pm • Saturday: 10am - 3pm

25596 Barton Road • Loma Linda, CA 92354

(909) 799-3174 • Fax (909) 799-5174

APPETIZERS

Nachos

\$4.75

with beef or chicken

\$5.25

Quesadilla Grande

served with guacamole,
sour cream and pico de gallo

\$4.75

with beef or chicken

\$5.25

Las Brasas Platter

served with sour cream,
guacamole and pico de gallo sauce

2 Taquitos

2 Chimichangas

2 Quesadillas

\$5.75



ANTOGITOS

SOPES

A thick corn tortilla topped with beans,
carne asada, lettuce, pico de gallo sauce
and sour cream.

\$2.25 ea.

GORDITAS

A corn tortilla torta stuffed with beans,
pork carnitas, pico de gallo sauce
and guacamole.

\$2.25 ea.

TORTAS

Mexican favorite! Mexican bread stuffed with
beans, your choice of meat, lettuce, onion
tomatoes and guacamole. Served w/french fries.

Asada \$4.25 Carnitas \$4.50

We use 100% pure vegetable oil in all of our cooking.
We have fat-free cheese upon request for an extra 75¢
Any extras will be subject to a 35¢ charge.

COMBINATIONS

All combos served with rice and beans

1. Two Crispy Tacos (beef or chicken) \$5.25
2. Two Cheese Enchiladas \$5.25
3. Taco & Enchilada \$5.25
4. Chile Relleno & Enchilada \$5.25
5. Two Chiles Rellenos \$5.25
6. Tamale & Chile Relleno \$5.25
7. Taquitos (3) with Guacamole \$5.25
8. Chimichanga (beef or chicken)
with sour cream and guacamole \$5.25
9. Beef Tostada & Enchilada \$5.25
10. Taco & Chile Relleno \$5.25
11. Two Carne Asada Tacos \$5.75
12. Mini Flautas \$5.75

VEGGY PLATES

1. Vegetarian Tacos \$5.25
Two crispy tacos stuffed with
potatoes, served with rice & beans. 
2. Garden Wet Burrito \$5.45
Wholewheat tortilla stuffed with vegetables,
topped with ranchera sauce and cheese,
served with rice and beans.
3. Veggy Enchilada \$5.75
Flour tortilla stuffed with mushrooms,
topped with ranchera sauce and cheese.
Sour cream and rice on the side.
4. Green Tostada \$4.95
A mix of green vegetables served on a
wholewheat tostada shell, topped with
cheese, avocado and house dressing. w/grilled
chicken: \$5.95
5. Vegetarian Quesadilla \$5.45
A delicious combination of melted Monterey
Jack cheese and mushrooms stuffed into a
burrito size flour tortilla and folded in half,
served with guacamole, sour cream, pico de gallo.
6. Jungle Burrito \$5.95
Spinach tortilla stuffed with a healthy combo
of steamed zucchini, corn, onion, tomato and
bell pepper, topped with sour cream and served
with rice on the side.
7. Spinach Quesadilla \$5.25
Monterey Jack cheese melted in a wholewheat
tortilla, stuffed with sauteed spinach, tomato,
onion and bell pepper.
8. Spinach Enchiladas \$4.95
Two corn tortillas stuffed with sauteed spinach,
onion, tomatoes and bell pepper, served with
sour cream, rice and beans.

SOY BEAN SPECIALTIES

Combos 1 through 5 served with rice and beans.

- | | |
|-----------------------------------------------------------------------------------|--------|
| 1. Two Crispy Tacos | \$5.25 |
| 2. Two Enchiladas | \$5.25 |
| 3. Taquitos (3) served with guacamole | \$5.25 |
| 4. Mini Flautas served with sour cream, pico de gallo and guacamole | \$5.75 |
| 5. Chimichangas served with sour cream, pico de gallo and guacamole | \$5.75 |
| 6. Soy Bean Quesadillas served with sour cream, pico de gallo and guacamole | \$4.95 |

POLLO A LA MEXICANA

Marinated grilled chicken breast, served with rice, beans, pico de gallo and house dressing.

\$5.95

MARIACHI MEAL

A delicious grilled chicken breast sandwich with mushrooms, grilled onions, bell peppers and mayonnaise. Served with french fries.

\$4.99

LAS BRASAS ENCHILADA

Layers of chicken, melted cheese and beans, all separated by soft corn tortillas, topped with enchilada sauce and rice.

\$5.50

SEA FOOD

- | | |
|-----------------------------------|------------|
| 1. Taco de Pescado (fish taco) | ea. \$1.95 |
| 2. Two Fish Tacos | \$5.95 |
| <i>Served with rice and beans</i> | |
| 3. Burrito Playa Azul | \$5.95 |
| 4. Pescado a la Plancha | \$6.95 |
| 5. Camarones Mojo de Ajo | \$6.95 |
| 6. Ceviche Tostada | ea. \$2.25 |

SALADS

- | | |
|-----------------------------------------------------------------------------------------------------------------|---------------|
| Taco Salad | \$4.75 |
| <i>Chips, beans, beef or chicken, lettuce, sour cream, guacamole, pico de gallo</i> | |
| Tostada Salad | \$4.75 |
| <i>Flour shell tortilla, beans, beef or chicken, lettuce, sour cream, guacamole, pico de gallo</i> | |
| Burrito Salad | \$4.75 |
| <i>Flour tortilla, beef or chicken, lettuce, sour cream, guacamole and pico de gallo wrapped into a burrito</i> | |

BURRITOS

All burritos prepared with beans inside.
Wet burrito add 75¢ Any extras add 35¢

- | | |
|--------------------------------------------------------------------------------|--------|
| Carnitas | \$3.75 |
| Carne Asada | \$3.50 |
| Chile Verde | \$3.50 |
| Chile Colorado | \$3.50 |
| Chile Relleno | \$3.25 |
| Chorizo con Huevo (chorizo and eggs) | \$3.25 |
| Supreme | \$4.75 |
| <i>Choice of beef or chicken, rice, beans, sauce, sour cream and guacamole</i> | |
| Frijoles con Queso (beans and cheese) | \$3.25 |
| Hortencia's Burrito | \$3.95 |
| <i>Beans, cheese, rice, tomato, lettuce</i> | |
| All Meat Burrito | \$4.75 |
| Beef or Chicken Fajitas | \$3.95 |



ESPECIALTIES

All specialties served with rice, beans and tortillas

1. Carne Asada
2. Chile Verde
3. Chile Colorada
4. Beef or Chicken Fajitas

\$5.95

CHILDREN'S PLATE

(up to 11 years)

Rice & beans and choice of:

- Enchilada • Taco • Taquitos (two)
Small Burrito • Small Quesadilla
(small beverage included)

\$3.25

50¢ for substitutions

SIDE ORDERS

<i>Rice</i>	<i>\$1.75</i>	<i>One Taco Carnitas</i>	<i>\$1.75</i>
<i>Beans</i>	<i>\$1.75</i>	<i>One Taco Crispy or Soft</i>	<i>\$1.75</i>
<i>Flour or Corn Tortillas</i>	<i>\$.65</i>	<i>One Taco Carne Asada</i>	<i>\$1.50</i>
<i>Guacamole</i>	<i>\$1.95</i>	<i>Cheese Enchilada</i>	<i>\$1.95</i>
<i>French Fries</i>	<i>\$1.75</i>	<i>Beef or Chicken Enchilada</i>	<i>\$2.25</i>
<i>Chips & Salsa To Go</i>	<i>\$2.95</i>	<i>3 Taquitos with Guacamole</i>	<i>\$3.25</i>
<i>One Tamale</i>	<i>\$2.25</i>	<i>Chile Relleno</i>	<i>\$2.25</i>

TOSTADAS

A flat, deep fried, corn tortilla with refried beans, lettuce, sauce and cheese

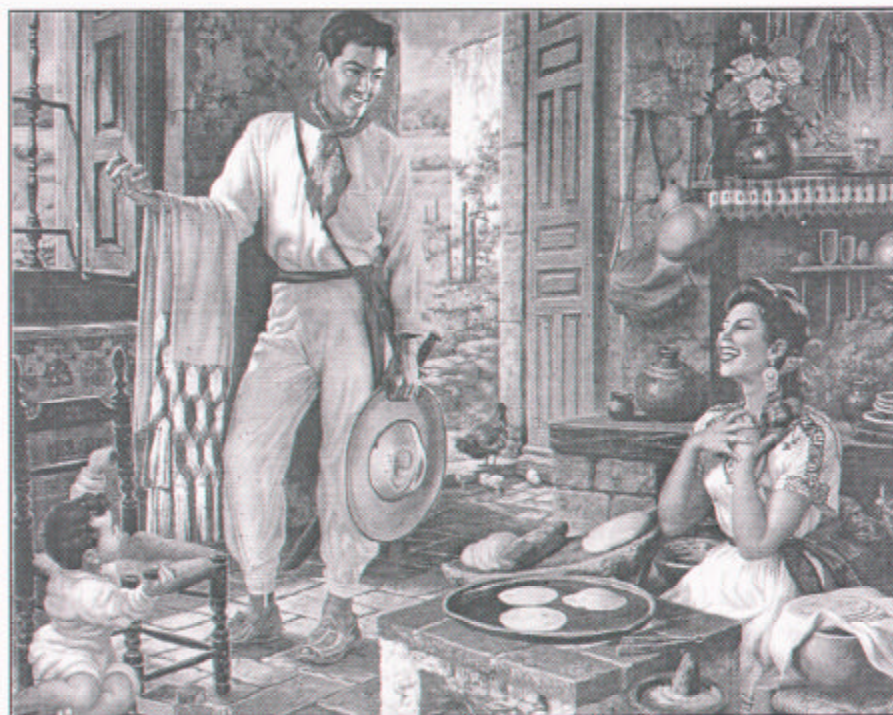
<i>Chicken</i>	<i>\$2.95</i>
<i>Shredded Beef</i>	<i>\$2.95</i>
<i>Beans</i>	<i>\$2.75</i>

SOUPS

<i>Albondigas (Meatball) or Chicken</i>	
<i>sm</i>	<i>3.25</i>
<i>lg.</i>	<i>4.75</i>
<i>Tortilla Soup</i>	
<i>sm</i>	<i>2.95</i>
<i>lg.</i>	<i>4.25</i>

TAMALES

Beef • Chicken • Spinach
\$12.25 dozen



BEVERAGES

Small \$1.15 Medium \$1.35 Large \$1.65

Coca Cola - Sprite - Orange - Root Beer
Lemonade - Iced Tea - Horchata

